



INSTITUTE FOR  
**Systemic Growth**

Course Title:

## Model for Dual Learning Introduction Course

### COURSE DESCRIPTION

This course is a 90-minute introduction to the Model for Dual Learning (MDL) for early childhood education. It is designed for practitioners of all levels of experience and education, as well as administrators- even parents can see the parallels and learn aspects of a nurturing childcare environment to support their childrens' development! In this course we will share research, stories from the field, step-by-step application of the model, and insights on harmonized growth. As adults grow, children grow. Participants will learn to embrace that growth as a process and understand that 'problems' are to be expected so that everyone can experience more ease and wellbeing- not just at work or childcare, but in life.

Participants in this course will receive a handout of the slides and a Model for Dual Learning infographic.

*"In the Model for Dual Learning, we have compassion for child and caregiver alike, honoring that the dual feedback loops are stimulus for growth."*

**REGISTER NOW!**

**Format:** Live with recordings available

**Price:** \$50/\$35/\$20 (see details on pg. 2)

**Contact:** info@systemicgrowth.org

**Length:** 1.5 hours

**Instructors:** Shelly Melroe, MS, MA, LMFT  
Molly Breen, MA, ECE

### Learning Objectives:

- The challenges in early childhood care/education motivating the need for a new approach (for providers and children)
- Concepts from recent trauma, attachment, and neurodevelopment research at the core of the approach
- Steps for applying the model with children and the developmental benefits
- Concepts for applying the model for adult development and the benefits to wellbeing
- The criticality of feedback loops for all growth and development



# MEET YOUR COURSE INSTRUCTORS



**MOLLY BREEN, M.A., E.C.E.**

Molly Breen, M.A., E.C.E., has worked with kids and families for over two decades as an educator. Through her work with children as a practitioner in the classroom, Molly has developed broad expertise in curriculum development and instruction, behavior guidance/human development, and social and

emotional learning. In her role as a program director, she has created innovative approaches to professional and program development, family engagement, and community outreach. A believer in lifelong learning, Molly's heart is in early childhood, where the seeds of curiosity, character, and community are planted.



**SHELLY MELROE, MS, MA, LMFT**

Shelly Melroe, M.S., M.A., LMFT is a therapist, coach, mother, and passionate advocate for healthy families. Using a developmental approach, she meets individuals, families, leaders, and organizations where they are and equip them for the journey of growth and the changes they

desire. She is the owner of the Institute for Systemic Growth, LLC supporting harmonized growth from the inside out. In addition, she maintains a private therapy practice, Rhythm for Living Therapy & Counseling, bringing innovative bodymind therapies to individuals and families.

## REGISTRATION, CONCERNS, QUESTIONS

To register, or for questions/concerns please email [info@systemicgrowth.org](mailto:info@systemicgrowth.org).

## ISG CANCELLATION POLICY

A full refund will be offered to those cancelling before beginning the training by contacting [info@systemicgrowth.org](mailto:info@systemicgrowth.org).

## DISABILITY ACCESS

If you require ADA accommodations please contact us at [info@systemicgrowth.org](mailto:info@systemicgrowth.org).

## OUR ROLE IN YOUR WELLNESS

Though our programs are not designed to be individual medical advice or a substitute for it, we hope they help you to develop self-understanding and self-trust for working with information from providers you entrust for your care.

## COST:

In the spirit of community, this introductory course has tiered pricing. Those who need financial assistance benefit from those who can afford a higher rate to support the overall system.

## Being in it together!

- SupportIng the Community: \$50
- Standard cost of the course: \$35
- Support of the Community: \$20

*Be the change!*